GUIDELINES FOR SOURCE CITATIONS AND REFERENCES

Type of Source	Example of In-Text Citation	Example of Reference Page Entry
Book	"Already we've turned youth sports into highly rated prime-time TV programming worth millions of dollars to networks and their sponsors" (Hyman, 2009, p. 2).	Hyman, M. (2009). <i>Until It Hurts: America's Obsession with Youth Sports</i> . Boston, MA: Beacon Press.
Article (Open Web)	"Encouraged by parents and coaches, many with visions of glory and scholarships, too many young athletes are being pushed—or are pushing themselves—to the point of breaking down physically and sometimes emotionally" (Brody, 2010, p. 1).	Brody, J. (2010, May). For children in sports, a breaking point. <i>The New York Times</i> , Retrieved from http://www.nytimes.com
Website	"Healthy competition in sports also teaches a student <i>unselfishness</i> . They learn to be part of a team" (Rolle, 2010, http://jacquelinerolle. hubpages.com/hub/The-advantages-of-sports-and-competition-in-schools)	Rolle, J. (2010, November). The Advantages of Sports and Competition in Schools. Retrieved from http://jacquelinerolle. hubpages.com/hub/The-advantages- of-sports-and-competition-in- schools
Video Clip (Open Web)	"High school and youth sports is a major institution in this country. As many as 40 million play high school and youth sports in any given year" (Thompson, 2013)	Thompson, J. (2013, September 5). TEDxTalks [Video File]. Retrieved from http://www.youtube.com/watch?v=cHSbb_w2V-E

Note: if you are looking at a website and there is no date given for when the content was updated, you can write "n.d." in place of the date)