

Hey, data data—swing!

[http://espn.go.com/espn/story/\\_/id/9469252/  
hidden-demographics-youth-sports-espn-magazine](http://espn.go.com/espn/story/_/id/9469252/hidden-demographics-youth-sports-espn-magazine)

Pros and Cons of Sports Competition at High School Level

<http://www.publicschoolreview.com/articles/67>

*Until It Hurts: America's Obsession with Youth Sports and How It Harms Our Kids*

By Mark Hyman

*Why Johnny Hates Sports: Why Organized Youth Sports Are Failing Our Children*

By Fred Engh

*Playing to Win: Raising Children in a Competitive Culture*

By Hilary Levey Friedman

## **Injuries**

Seeds of Innovation: Bringing a Game Changing-Helmet to Market

[http://news.riddell.com/backgrounders/  
seeds-of-innovation:-bringing-a-game-changing-helmet-to-market](http://news.riddell.com/backgrounders/seeds-of-innovation:-bringing-a-game-changing-helmet-to-market)

Study: No Helmet Brand Can Save Football Players from Concussion Risk

[http://www.latimes.com/science/sciencenow/la-sci-sn-concussion-high-school-  
football-helmet-mouthguards-20131028,0,7936827.story#axzz2mpoMHfw8](http://www.latimes.com/science/sciencenow/la-sci-sn-concussion-high-school-football-helmet-mouthguards-20131028,0,7936827.story#axzz2mpoMHfw8)

Post-concussion return to learning also a tough decision

[http://www.latimes.com/science/sciencenow/la-sci-concussion-kids-  
school-20131028,0,735895.story#axzz2mpoMHfw8](http://www.latimes.com/science/sciencenow/la-sci-concussion-kids-school-20131028,0,735895.story#axzz2mpoMHfw8)

Sports Injury Statistics

<http://www.lpch.org/DiseaseHealthInfo/HealthLibrary/orthopaedics/stats.html>

Total Female Emergency Room Visits by Sport

[https://www.google.com/search?q=charts+about+competitive+sports&espv=210&es\\_sm=93&tbm=isch&tbo=u&source=univ&sa=X&ei=QZWwUvTwNKbKsQTH0YLADA&ved=0CCsQsAQ&biw=1440&bih=790#facrc=\\_&imgdii=\\_&imgsrc=NWNJPc7PR2r0-M%3A%3B4u50F\\_jO8zucDM%3Bhttp%253A%252F%252Fwww.cheersafety.org%252Fwp-content%252Fuploads%252F2012%252F10%252FER-visits.png%3Bhttp%253A%252F%252Fwww.cheersafe.org%252Fsafety-studies%252Frecent-cheerleading-safety-studies-show-cheer-injury-rates-low-major-injuries-drastically-reduced%3B622%3B455](https://www.google.com/search?q=charts+about+competitive+sports&espv=210&es_sm=93&tbm=isch&tbo=u&source=univ&sa=X&ei=QZWwUvTwNKbKsQTH0YLADA&ved=0CCsQsAQ&biw=1440&bih=790#facrc=_&imgdii=_&imgsrc=NWNJPc7PR2r0-M%3A%3B4u50F_jO8zucDM%3Bhttp%253A%252F%252Fwww.cheersafety.org%252Fwp-content%252Fuploads%252F2012%252F10%252FER-visits.png%3Bhttp%253A%252F%252Fwww.cheersafe.org%252Fsafety-studies%252Frecent-cheerleading-safety-studies-show-cheer-injury-rates-low-major-injuries-drastically-reduced%3B622%3B455)

## **Pay to Play**

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High Cost of Youth Sports

[http://www.huffingtonpost.com/visualnewscom/high-cost-of-youth-sports\\_b\\_3469012.html](http://www.huffingtonpost.com/visualnewscom/high-cost-of-youth-sports_b_3469012.html)

Will 'Pay to play' Become a Permanent Part of School Sports?

<http://www.forbes.com/sites/bobcook/2012/08/22/will-pay-to-play-become-a-permanent-part-of-school-sports/>

## **Tryouts**

Cutting in Sports

<https://www.competitivedge.com/cutting-sports>

Getting Cut From a Sports Team: Ten Reasons to Re-Examine Cuts Below High School Varsity

<http://www.momsteam.com/health-safety/emotional-injuries/cut-from-sports-team/re-examine-cuts-below-high-school-varsity?page=0%2C0>

How Can Coaches Handle Tryouts and Cuts?

<http://www.positivecoach.org/our-tools/ask-pca/ask-pca-question/?id=116>

## **Pressure**

The Case Against Competition

<http://www.alfiekohn.org/parenting/tcac.htm>

For Children in Sports, a Breaking Point

[http://www.nytimes.com/2010/05/25/health/25brod.html?\\_r=1&](http://www.nytimes.com/2010/05/25/health/25brod.html?_r=1&)

For children, pressure vs. fun in sports is balancing act

<http://news.medill.northwestern.edu/chicago/news.aspx?id=199731>

Facts for Families: Children and Sports

[http://www.aacap.org/App\\_Themes/AACAP/docs/facts\\_for\\_families/61\\_children\\_and\\_sports.pdf](http://www.aacap.org/App_Themes/AACAP/docs/facts_for_families/61_children_and_sports.pdf)